

1st Abbots Langley Rainforest Cubs – Summer 2019

SUBS OF £35 ARE DUE – No later than Wed, 1 May Meeting

(Please pay promptly and make cheques payable to: 1st Abbots Langley Cubs. Thank you.)

Full uniform is to be worn at all meetings unless otherwise stated. Please note that Cubs should wear dark shoes or black trainers. *Points will be deducted for incorrect uniform.* All meetings are 6:30 - 8 pm at HQ (Langley Road, Abbots Langley, WD5 0HE) unless otherwise stated – please check Notes section below.

Parental assistance at meetings remains vital – please come and join us.

This term we are working for the

Our Adventure & Outdoors Challenge and Navigators Staged Activity Badge II; Backwood Cooking Activity Badge.

DATE	ACTIVITY	NOTES
24 Apr	Cool Wall (existing cubs only)	
1 May	Map Skills	SUBS DUE £35
8 May	Village Hike (last day to Leeswood Return Shooting Form)	Leavesden Country Park Meet and Collect at Hive (by the playground) <i>Wear sturdy shoes. Bring small backpack, torch, hat, bottle of water and waterproof jacket & healthy snack.</i>
15 May	Shooting - group A Backwards Cooking - group B Pioneering - group C	<i>(group members to be advised)</i> Lees Wood
22 May	Shooting - group B Backwards Cooking - group C Pioneering - group A	<i>(group members to be advised)</i> Lees Wood
29 May	NO MEETING - HALF TERM	
5 June	Shooting - group C Backwards Cooking - group A Pioneering - group B 7:40 Investitures of New Cubs - Parents Welcome	<i>(group members to be advised)</i> Lees Wood
12 June	<i>Camp Preparation and Coco Movie theme camp</i>	Helpers : Mothers only
19 June	Camp Set Up	Camp Attendee Parents to stay & help Lees Wood
26 June	Pot holding - group 1 Human Table Football - group 2	<i>(group members to be advised)</i> Pot-holing group bring torch and wear old clothes Phasels Wood
3 July	Mini Beast	Leavesden Country Park Meet at Hive (by the playground)
10 July	Pot holding - group 2 Human Table Football - group 1	<i>(group members to be advised)</i> Pot-holing group bring torch and wear old clothes Phasels Wood
17 July	Family BBQ	Lees Wood
	<i>Happy Holidays and see you back here on 11 Sept</i>	
	Additional DIARY DATES	
	28 Apr	St Georges Day - please make every effort to come
	17 May	AGM (Scout HQ)
	8 June	Village Carnival
	21-23 June	District Camp - Lees Wood

Details on separate sheets nearer the time.

Should you have any queries, call in or call us:

Chris Frith(Cub Scout Leader);Chris Watts(ACSL); Louise Fowler-Davies(ACSL); Suli Hope(ACSL)

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Please do join in and assist **two evenings** this term for the safe and smooth running of these events. Kindly advise by returning the separate sheet ASAP, which Meetings you will be able to assist. Many thanks for your support for the benefit of all our children.

Collecting your Cub - Please ensure your cub is collected from within the Scout HQ or from a Cub Leader when the evening is outside of the Scout HQ.

Parking/Lifts

- **Please avoid parking/dropping off in the area immediately in front of the scout hut.** We are often heavy laden when we arrive at cubs and it would be helpful to be able to park directly in front of the hut. Thank you.
- Also, may we request that Cubs arrive just a few minutes before 6:30pm and not any earlier. We quite often need time to set up but get distracted if we have Cubs to keep an eye on!
- **Some activities are not at HQ this term - see separate sheet for directions, and if anyone needs a lift to any non-HQ meetings please let Chris Frith know.**

E-mail

Please advise of any changes to your email and/or mobile number(s) to Chris. Don't forget to check your email regularly!! Thanks

Badge - This term we will be completing the [Our Adventure & Outdoors Challenge](#) and [Navigators Staged Activity Badge II](#); [Backwood Cooking Activity Badge](#).

Our Adventure Challenge



1. Take part in two different adventurous activities. At least one of them should be new to you. You could try:

crate stacking; caving; abseiling; grass sledging; bouldering; rafting; bell boating; fencing; zorbing

2. Take part in six other outdoor activities. At least two of them should be new to you. You could try:

flying a kite you have made; making and lighting a fire; following a sensory trail; making a hot air balloon and flying it; making a ballista; playing some water games; going on an obstacle course; tracking; making a mini raft

3. Go on a hike or follow a trail. Try to walk for about 1-2 hours.

4. Prepare for your activities and hikes. Find out what you need to wear and bring, and pack your own bag. You will need to know what you have with you, and remember everything you need.

Our Outdoors Challenge



Take an active part in at least three nights away, on camps or Pack holidays. While you're away, work with other Cubs to do all of these tasks:

help to pitch and strike your tent; show that you know how to look after yourself and be safe at camp; show that you know how to keep your tent and kit safe, tidy and secure; cook a meal with your Six; build a shelter big enough for two Cubs; using bamboos canes, rubber bands or simple lashings complete a simple pioneering project or make a camp gadget; learn and follow the Countryside Code; show you know what things you need to do to look after your campsite, and that you can put them into practice; show that you know how to treat mild burns, scalds, cuts or grazes and make a call to the emergency services.

While you're away, do at least two of these tasks as well:

take part in a wide game; take part in a campfire sing-along or other entertainment; cook a backwoods meal; build a bivouac and sleep in it; care for your personal equipment while at camp; using knots that you've learned, make a simple camp gadget, like a flagpole.

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Navigator Staged Activity Badge



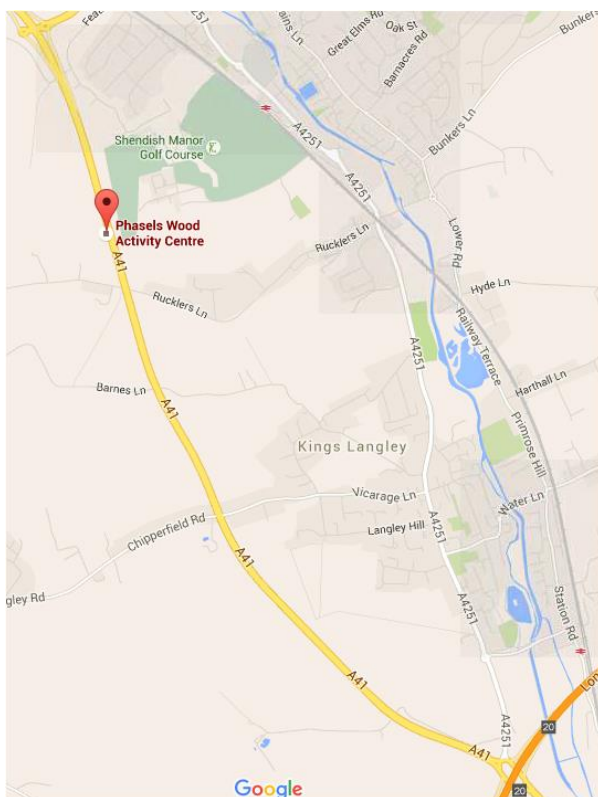
1. Locate yourself on a simple map. You could use a map of a local park, nature reserve, zoo, or even a theme park.
2. Identify a number of features or locations on that map. You could pinpoint locations like the toilets, car park, bird hide or picnic area.
3. Learn the four cardinal points of a compass.
4. Draw a simple map of where you live, your meeting place or another area local to you.
5. Use a map during an outdoor activity.
6. Show you understand how to dress appropriately and what equipment you and the adults will need on the activity.

Backwoods Cooking Activity Badge

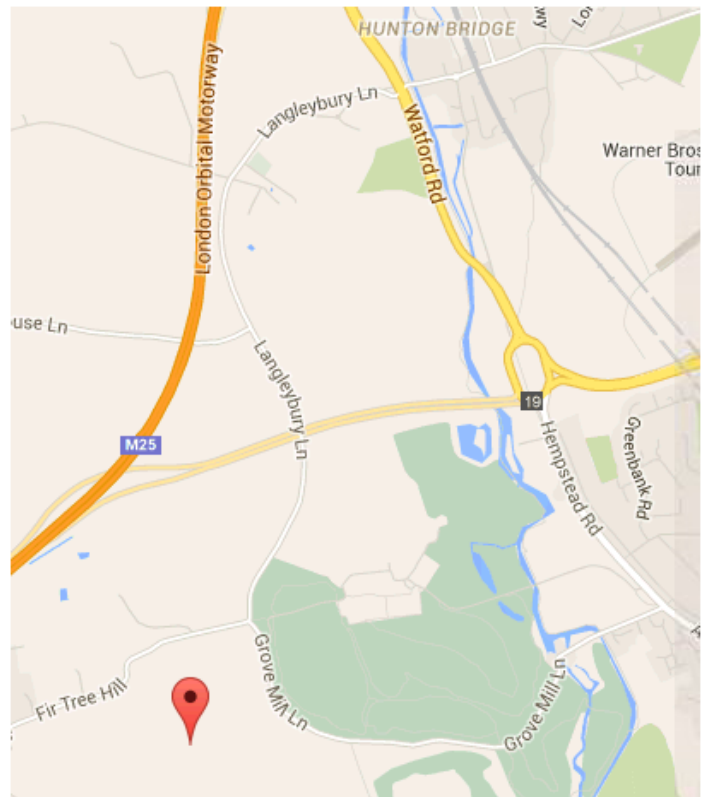


1. Show how to light a fire.
2. Help someone prepare a fire for cooking on.
3. Cook something using a billy can.
4. Cook something in the embers of a fire.
5. Cook something on a stick.
6. Show how to make the fire safe when you have finished with it. Extinguish the fire and make the area safe.

[Phasels Wood](#) WD4 9NA



[Leeswood](#), WD3 4LY



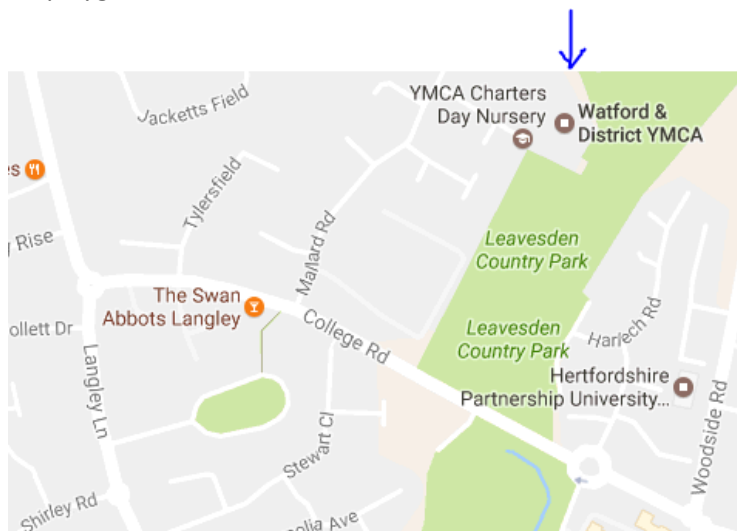
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Leavesden Country Park (north side by YMCA) - College Road, Abbots Langley WD5 0GU

Meet by the Hive / playground



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Parent Help Reply Sheet – please complete below and email to pennierayner@hotmail.com

In order to run these sessions and safely, **we require a parent/guardian per child to help one to two time each this term.**

Please remember Cub Scouts is run on a voluntary basis and the more we all get involved the more enjoyment our children will get out of it.

Many thanks for your Support!

Name of person assisting: _____

Contact number of person assisting: _____

Name of cub: _____

Please let us know if you have a telescope ?

Date		Nr of Helpers needed	Tick if you can help.
24-Apr	Cool Wall	0	
1-May	Map Skills	3	
8-May	Village Walk/Hike	4	
15-May	Shooting/Backwards Cooking/Pioneering	7	
22-May	Shooting/Backwards Cooking/Pioneering	7	
29 May	NO MEETING - HALF TERM		
5-Jun	Shooting/Backwards Cooking/Pioneering	7	
12-Jun	Camp Preparation / Father's Day	3 mothers only	
19-Jun	Camp Set up	All camp attendee parents	
26-Jun	Potholing + Human Table Football	4	
3-Jul	Mini Beast	2	
10-Jul	Potholing + Human Table Football	4	
17 Jul	Family BBQ	All welcome	

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Contact Detail Check & Parents Reply Sheet

Please advise any changes to your current contact details or advise us of your details if new to this Cubs group:

Cub's Name: _____

Parent(s)/Guardian(s) contact details - please complete if you are new to the group or there are changes:

Preferred contact email address:	
Name (mother) :	
<i>Email address:</i>	
<i>Telephone - home:</i>	
<i>Telephone - mobile:</i>	
<i>Home address:</i>	
Name (father) :	
<i>Email address:</i>	
<i>Telephone - home:</i>	
<i>Telephone - mobile:</i>	
<i>Home address:</i>	

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